



**RESEARCH INTO/ON DISEASES AND PHARMACOGNOSY AND NATURAL
MEDICINE AND MEDICAL SCIENCE**

REZA REZAIE KHANGHAH

Institution: Shahid Rajae Teacher Training University in Tehran, Iran, Tehran, Lavizan, Shahid
Shabanlo Street

*Corresponding Author: E Mail: rezaiereza1010@gmail.com; Phone: 0989120797123; Fax: 1678815811

Received 1st Sept. 2018; Revised 3rd Oct. 2018; Accepted 4th Nov. 2018; Available online 1st Nov. 2019

ABSTRACT

First of all I found lots of medicine for lots of diseases like phlegm and sore throat and headache and etc. I stated a therapy for scrupulous and other kind of disease like this. Except disease and medical science and medicine and astronomy I have some other research into/on other fields of study. I found how stars move at constellation and they have two general movements and in conclusion I say some of my studies here you drink water at stand up stance it can because you sweat a lot. My findings support my hypothesis. My hypothesis is can we have natural medicine instead of chemicals one? Does any disease have medicine? Can we success at our life? And other hypothesis that I explain it in manuscript. When you want to drink water, suck the water and don't swill (guzzle) water (don't drink it suddenly) because it can three things increase your memory and take away phlegm: 1. frankincense 2. Toothbrush 3. read Quran. Vessels irrigate whole body, bones keep organs, brawn (muscle) keeps bones and nerve keeps brawn (muscle). Eat beet because it digests your food and the leaf of that helps you to urinate properly (to urinate completely. At night don't eat Fig a lot but at day eat a lot. For sore throat drink milk. Matrimony (marriage) struggle can lead to heart illness. Large raisin takes away sorrow and tiredness. Eat walnut at winter, makes kidney warm. Eat cheese because it makes you to sleep and digests your food. At camel milk there is a cure for diarrhea. Apple destroys cholera. Beef meat with beet destroys white spot that appear at skin. Mushroom is a cure for eyes. Chick pea (pea) is good for

backache. Teenagers that eat breakfast although they give lots of calories but in contrast to teenagers that don't eat breakfast have lower weight. Children that don't eat breakfast gain weight and they are in danger of becoming fat. There is a meat in human body that if it is healthy and works properly the rest organs or other parts of body becomes healthy and works properly but if it isn't the rest organs or other parts of body can't work properly and becomes healthy and that meat is heart.

Keywords: astronomy; medical research; research about natural medicine; physiology; disease; pharmaceutic; Drug discovery; Psychology

INTRODUCTION

Findings support my hypothesis that is can we have natural medicine instead of chemicals one? Does any disease have medicine? Can we success at our life? I found lots of medicine that we can use it instead of chemicals one and have good research about scrupulous disease and I found some cures for specific diseases and I reached a point that it's about remedies that we can use it for our illness instead of some chemicals medicine [7]. Instead of medicine and medical science I found the exact bones of our body (anatomy) and except these I say some information about other fields of study and said it in my manuscript. I hope this information help people and I think that this information is necessary for general health and it is important for all patients and people and these information will be help medical experts and other doctors and other fields of study like astronomy and pharmacognosy and help other kind of study that their

research rely on my manuscript [9]. Everybody finds sorrow in his/herself and doesn't know the reason of that wash his/her head. Eat grape because it destroys sorrow from you. Eat basil because it digests your food and reveals pain and opens vessels and increases your appetite. If a person doesn't eat one dinner, one vessel in his/her body will die and never be alive. Put on shoes because it increases your eyesight. row hair, destroy pain and with that we don't need any medicine. Until your body can tolerate the pain avoid from medicine (don't eat medicine) and then when your body can't tolerate from pain eat medicine with your pain until you can tolerate that, tolerate. Drinking medicine without illness although a person can survive but it causes unpleasantness. For friendship between couples read 1001 a blessed name ((الودود) on currant (raisin) or food (meal) of couples until both of them eat from that and it cause friendship between them if God

wants. Drinking honey cause your body growth. Wash legs with cold water after take shower safes you from headache. When we exit from bathroom not only in summer but also in winter we use cover for our head because of prevention of headache. The first thing that God created was water and from that everything appeared. Everybody brushes twice every day, his/her toothache will be disappeared and his/her memory will be increased and his/her teeth will be cleaned. Eating wild animal's meat and beef meat a lot can cause imbecile and forgetfulness [19]. Eating fish and egg with each other can cause toothache and colic (gripe). If someone massages a dead, and dead becomes alive I don't deny that. God prohibits we because if a person drinks wine he/she will kill someone or says to god for example tell a lie that God for example has this or that feature that God doesn't have that and do some job like crime and thuggery [17]. There is a meat in human body that if it is healthy and works properly the rest organs or other parts of body becomes healthy and works properly but if it isn't the rest organs or other parts of body can't work properly and becomes healthy and that meat is heart. If you want to run away from gravity of black hole you should run away at a speed of 1 billion and 80 million Km. Stars are saving us not to sink at space.

Everybody wants his/her bladder not to get disease doesn't keep his/her urination [13]. Lengthen your meal time because the moment of that doesn't include your life time. Eat your food when you have an appetite and don't eat food when your appetite remains. E). everybody finds sorrow in his/herself and doesn't know the reason of that wash his/her head. Eat grape because it destroys sorrow from you. Eat basil because it digests your food and reveals pain and opens vessels and increases your appetite. If a person doesn't eat one dinner, one vessel in his/her body will die and never be alive. Put on shoes because it increases your eyesight. s. Brushing teeth a lot although it can shine teeth but instead makes the root of teeth week .Firmness and strong and powerful depend on sleeping. Sleeping is the king of brain then whenever you want to sleep, sleep at your right side and then sleep at your left side and when you want to wake up go out from the right side of your bed. Eating melon in hunger can cause paralysis and from this we want god help us and we refuge to god. Using Saad can cause your teeth grow. Broad bean(bean) with it's skin can clean the stomach and grow the brain of calf and cause fresh blood produce. A person that has fever and headache first should beat (pummel) the succory (chicory) and put it on the paper and

pour the viola oil on to that and put that on your head and it can destroy fever and headache. Everybody wants his memory increase every morning in hunger mood (when he/she is so hungry) eats nearly 210 grams raisin. And everybody wants his/her forgetfulness decrease and his/her memory increase every day eat three pieces of nutriment ginger with honey and with his/her food. And everybody wants his/her brain grows up every day eat three myrobalan seed with crystallized sugar. Everybody doesn't want his/her nail become dry and yellow and around of his/her nail doesn't become rotten , cut his/her nail on Thursday and everyone doesn't want to have pain in his/her ears whenever he/she wants to sleep put cotton in his/her ear. Humans were created with 12 main organs, and 246 bones and 360 vessels. In human hands, there are 82 bones and in each hand there are 41 bones. From this 35 bones are in Palm, 2 bones are in the between of wrist and elbow, one of them is in arm and three of them are in shoulder, and in other hand there is like this. In leg there are 43 bones. From these 35 bones are under the ankle and two bones are in cruse and three bones are in knee, one bone in thigh, two bones are in gluteus and like these are in the other leg. In back of human there are 18 bones and from each side of him there are 9

ribs. In his/her neck there are 8 bones in his/her head there are 36 bones in mouth 28 bones and then 32 bones. Sitting a lot at toilet can cause an illness. In crying of children (infant) is advantage because there is a moisture in the nose of children (infant), if it remains it can cause lots of reasons and pains and illnesses likes blindness and likes of that. Then this crying can destroy this moisture from head of human and cause health of body and his/her eyes [8]. Then whenever a child cries and his/her parents don't know the advantage of his/her cries and they want to silent him/her. And with lots of tricks they want him/her doesn't cry because they don't know crying is good for him/her. Brushing teeth can help you to see well. Why kidneys like a kidney bean? Kidney is alike a kidney bean because the way that sperms goes is point after point , then if kidney likes a square or circle shape, the first point forbids (likes an obstacle) and doesn't let sperm go to the second point and living thing (animal, human, etc) can't enjoy after sperms came out, and sperm goes to the kidney from the spinal column and kidney is likes a worm that accumulate (aggregate, congregate) and then open and gradually sperms go to the bladder likes an arrow that throw from a slingshot. Why knee bends (comes back) behind calf? Knee can bend (come back)

because when humans go straight and his/her movements need to have balance, If it's not, human whenever he / she wants to walk he/she falls down. Before you want to decide consult and before you want to act think [18]. Travel is morals scale. When you are angry or fury doesn't punish anyone and when you punish he/she understands your punishment is for correcting him/her or break up (abatment) your anger. Russian olive (*Elaeagnus angustifolia*) makes kidney warm and cleans stomach and safes you from hemorrhoid and strengthen cruse and destroys leprosy vessel. Avoiding from sth it doesn't mean you don't eat that it means eat less amount of that [12]. Fig takes away the bad smell of sth and firm bones and increases the growth of hair.

METHODOLOGY

I use lots of studies and conducted my studies with lots of references that I said it at the end of my manuscript. I use my experience that i learned it during my life time. Other methods that i used it is collecting information and discuss it with the science that now we have, use some information that before this time be proved and use some methods that some scientists used it before and used some specific techniques that I think that it's important for all of us to know that [26].

Main text:

Eat cucurbit (gourd) cause you're thinking will be increased. Eat sour apple, coriander and read epitaph (inscription) and walk between two women cause forgetfulness. Eat peer cause your stomach cleans, gives your mouth good smell, and changes timid person to brave, changes Weak heart to strong heart. Eat apple when you are hungry (in hunger mood: when you don't eat anything before that) because it cleans your stomach. Eat date when you are in hunger mood because it destroys parasites and worms of stomach and intestine. If a person doesn't eat dinner he/she will become old. Everybody drinks water in hunger mood his/her strength will be decreased. There are two ways for curing phlegm (of your throat): one of them is quince seed and the other is putting hand on throat and fearing person from his/her throat that explaining here is hard and should do that practical [20]. The reason of crying in adults chiefly containing sorrow (??%), happiness (??%), anger (??%), sympathy (??%), anxious (agitation) (??%), fear (??%) . Crying is a free mechanism, natural and powerful for getting along with pain and agitation (anxious) and sorrow. Laughter and crying is two tools for decreasing agitation (stress) and get rid of negative feelings. When crying suffocates excitements don't

evacuate and some features (characteristics) of a person like aggression show. Women cry more than men. Everybody doesn't patience on his/her works pains he/she should tolerate life without money in his/ her life. Everybody wants his/her memory increases eat honey and if honey eats with frankincense will be better for increasing memory. If a person eats boiled egg a lot he/she will have asthma. Why hair is above the head? Because with the roots of that arrive fat to the brain, the head of hair, goes out vapor from brain and fend (forefend) cold and hot that arrive to body. Why forehead is evacuating from hair? Because the place that light arrives for eyes and there is wrinkle on that because keep the sweat comes down from head and forbid arriving that to eyes until the time human clean his/her sweat alike rivers that keep waters on the ground (why forehead has wrinkle?). Why eyebrows are above the eyes? Because arrive sufficient light to the eyes, you see that whenever the light is so bright you can't see and use your hand to see better. Why nose is between eye? Because divide light in two parts equally. Why eyes alike almond? Because pupil can move medicine inside that and(infection) illness that can go out. Something that useful for headache washing hair with abelmosk. Growing hair in nose it can save you from getting leprosy [2].

If hair grows in eyes it can blind the person, if it grows in mouth it can unpleasant foods and drinks for human, if it grows in Palm it can likes a barrier don't let human to touch correctly and some of other activity. Besides this phenomenon it's not specific only for human also you can see that at beast and fierce or rapacious and other mammals, you can see their body has hair and the places I said exactly for that reason for human is evacuating from hair. For curing festering sores (dirty sores) putting henna is useful. Washing hair with abelmosk it can save you from headache, takes away poverty from you and clean dandruff. Henna destroys the bad smell of sweat, add freshness to the face and makes the smell of the mouth better and makes child good (nice). Everybody sprinkles salt on to the first morsel, the freckles of his/her face will be cleaned. Consumption of pea and bean can useful for heart illness and decrease the danger of heart illness. Consumption of grains useful for regulating blood pressure and decrease cholesterol of the blood. If you want to run away from gravity of black hole you should run away at a speed of 1 billion and 80 million Km. Stars are saving us not to sink at space. Everybody wants his/her bladder not to get disease doesn't keep his/her urination. Lengthen your meal time because the

moment of that doesn't include your life time. Eat your food when you have an appetite and don't eat food when your appetite remains. Brain becomes so more active when you tell a lie than we tell the truth because at first stage we should turn off our memory that it turned on with our lie. This process causes energy. Actually when we want to tell a lie we persuade our brain that at the least time gives us the best answer on contrary to truthfulness. Methane is a conservatory molecule but lots of that is a danger for earth but it plays a protector for mars against cold weather. Can we manufacture an ampoule that doesn't have pain in body? The answer of this question is yes. Actually this ampoule should have 2.0 millimeter diameter that when you inject that has no pain in body. When you drink water at stand posture at night it cause yellow bile but at day it cause your food becomes delicious. No one should blow at his/her drinkable things and also his/her foods [3]. Low grade honey: whenever you smell it, it cause you to sneeze and when you drink that cause you feel like drunken people and honey that cauterize your tongue and throat. This kind of honey can kill human and it's not suitable for eating. Persons that visitation with patients it had better give hope to patients and say you will become better (amend) if God wants. Every

industry proprietor should have three features until the person that wants the industry goes to the industry (refer to proprietor of industry), first he/she should proficient of his/her career (job) , second: he/she should enouce (express, discourse) trusteeship (fideism) on that (industry), third: penchant (fondness) on the person that want to work on that industry. Fig can destroy (take away) the bad smell of the mouth, stabilize (reinforce) mouth and bones. Why we catch cold or sneeze our nose fill with rheum? The reason is our brain imagines that again there are microbes in that air and because of this, with closing the way that there is possibility of entering microbes to the body fight with microbes in fact when we sneeze or catch cold vulnerable part in body is nose that brain precept or ordinance rheum or fill that until a microbe can't get in body. Maybe you hear this sentence, "there is no place like home". The reason back to physiology answers of brain. In fact When we are in a place that we feel comfortable also our body and our soul and our brain used to that, this place is comfortable and relaxing and we conditional our brain that this place is a relaxing and comfortable place for us. In other word we do lots of our activities and lots of our activities that we enjoy them in a special place that we do them and that place

is more comfortable for us instead of any place. Maybe it can happen to you that you fear of sth and whenever you remind that you start fearing of that. In fact fear is an answer that brain performs that for body, fearing of wild animals, fearing of darkness, fearing of alone and etc. Of course person is guilty because of this fear, he/she makes his/her brain condition that fearing of sth [1]. If he/she conditions his/her brain until he/she doesn't fear of sth he/she won't fear of that. Everybody wants not to get air in body once a week eats garlic. Everybody wants his/her teeth not to broken (destroy) before eat confection or candy eat an amount of bread. Everybody wants his / her food digests well (good) after eating food sleeps at his/her right side and then returns at his/her left side until he / she sleeps. Everybody wants phlegm goes out of his / her body takes a shower a lot and sits in front of sun a lot. Don't eat cold food until his/her mucus (phlegm) destroy and burn. Everybody wants to destroy bile (heat) every day eat cold food and gives his/her body rests and has less activity and look at the thing that he/she wants [5]. Everybody wants to burn black bile and wants to destroy that he/she should vomit a lot. Everybody wants not to get jaundice (icterus) at summer whenever opens a door of a room don't enter that unless its air

ventilate with aerator and at winter also doesn't leave immediately from warm room. In stars and in movements of them that some of them don't move from their place and don't move with each other and they don't take apart from each other. And some of them are *motlagh_al_anan* and move from a constellation to another constellation and take apart when they move and each of them has two movements: one of them is common (general) that all of the stars move with that and its every night movement from east to west and another is a specific movement that each one has this for itself that the movement is from west to east like an ant that move on the farmicory to the left and move his/her farmicory to the right. Then ant has two movements: one of them with his/her own that moves from his/her front and another with obligation that farmicory returns with obligation. Then ask from that group that claim these stars move from their own without no prudent (efficient) and destiny (fate) and no creator if there are these things that they said why all of them aren't resident and why all of constellation don't move to another constellation Do not want to do everything fast but do everything with high quality because people don't ask how many days does it take to finish the work? They follow quality of jobs. Everybody has child,

behaves childish with him/hers. Stability of life is planning correctly and achieving to that is with true management. The best things that teenagers should learn are the things that they need to them when they grow up. One day a man heard that a person prayed for his friend, my god I want my friend doesn't see any sorrow in his life and also doesn't experience that and he doesn't become busy, another man that heard this, said that you prayed for his death, everybody lives in this world should see sorrow and also experience that and become busy necessarily [6]. Know that everything that God wanted for a human with no less gives that to a human although he/she can't find the ways for daily bread, and never gives more than God wanted for his/her although he/she is smart and gumption (resourcefulness). Everybody wants to achieve his/her daily bread, and his/her sure to god becomes weak and his/her purpose to god becomes weak, He/she should know and know an example that God gives her/him daily bread at three places that he/she doesn't have plan for that and without any rush (struggle), then god at fourth stages gives him/her daily bread, first in his/her mother uterus and from his/her mother milk and from the money that his/her parents earn until he/she grows up and his/her brains becomes bigger (grow up brains) and

becomes self employed, then in this time becomes distrustful to the god and press hard upon his/herself and because of fearing of poverty and doesn't have any sure to the god promise and doesn't pay attention to the financial rights and his/herself and put his/her family into the hard situation. If you aren't patience show yourself you are patience because few people are making themselves similar to a group then sooner don't become one of them. Everybody becomes patience against enemy, he/she can defeat (overcome) the enemy cause liver pain. You never achieve knowledge only with six things: intelligence, greed, patience, merit, guidance of professor or master and length of time. Knowledge has lots of advantages, humility is at the head of that, the person far away from jealousy is at the eye of that, understanding is at the ear of that, truthfulness is at the tongue of that, searching is his/her memory, good natured is his/her heart, mercy is his/her hands, meet with scientists is his/her legs, virtue (pietism) is his/her wisdom (motto), health is his/her ambition (endeavor) and his/her base (the place he/she wants to live) is safe. The worst enemy of a human is anger and lust, then everybody dominates to them, his/her place rises and achieves to his/her goals. Godly (pious) people wanted lots of request.

Chewing frankincense can strong teeth and destroy phlegm and bad smell of mouth. Whenever in your daily bread you have delay wants god to forgive you then your daily bread becomes abundant [7]. A youth go somewhere to see a man, the youth said to the man I'm a sinner and I can't avoid doing sins, Give me some advice. A man said "do five things then do every sins do you want": "don't eat daily bread that God gives you then do sin. Leave god government then do sin. Find somewhere that God can't see you then do sin. When Azrael comes to give your life say to him go then do sin. When hell owner wants to put you in fire don't enter the fire then do sin ".One day someone asked a man if somebody ask you who is your god what do you answer? The man said that don't ask me who is my god, ask my god who is me?. Everybody works for people, people should give him/her rewards but everyone works for god, god gives him/her rewards. Everybody doesn't taste the agony (affliction), benefaction doesn't have place in his/herself. For human is not bad that his/her rights delay. It's bad that he/she gives sth that it's not his/her rights. One day a man walk at the desert then suddenly lost his way then he saw another man that said to him: "open your eyes". He opened his eyes then he found his way. He asked: "who are you and why did

you help me?" He answered my name is khezr and you helped your mom and because of that you saw me. Everybody satisfies his/her less daily bread, god satisfies his/her less active (job). When you prayer you should first praise God then peccavi (shrift) because of your sins and wants your needs. This mountains that soil and stone store up one after the other and goes up and stupid people said that we don't need them and it's an extra creature. Of course it's wrong because there are advantages on that for example snows that seat at the top of mountains and some of them remain for people and most of them change to water and from that stream and spring are in rush and also from these mountains plants and spices grow whereas in the ground they don't grow. And then cut stones then scrape stones for homes. For creating leaf that any leaf like our bodies vessels that stretch from everywhere and some of them are big and thick and stretch from length and width and some of them are narrow and woven between big vessels. Like human industry in one year can't finish creating leaf then needs sorrow and grief and consult with each other every day and night. Stomach is home of all illness .people are slumber (asleep) when die they become cautious. Clean cloth can destroy sorrow. For achieving (sovereignty)

leave your country and travel. With eating a lot, there is no health. There is five advantages in travel: eliminate sorrow, achieving daily bread, knowledge and etiquette (in psychology meaning) of life and fellowship with magnanimous. if you want to become a wise person, scare from God. If you want that enemy doesn't hurt you always rely on god. Example of kinds of food that they aren't mix with each other in the world is bird eggs that white and yellow colour doesn't mix with each other. Example of paradise food in world is foetus food in uterus of mom without no urine or excrement. From Mosaic Law and book of psalms and Holy Quran and Holy Bible a man wrote four sentences. In Mosaic Law: everybody chooses silence he/she saves his/herself. Holy Bible: everyone is contented having had enough sooner. Mosaic Law: everyone says no to the sensual wanted becomes safe from calamity. Holy Quran: everyone relies on god; god is enough for him/her. But a person that has no pertaining to a family is Adam. Some ways for curing the scruple: we have always this question that a scrupulous what should do for his illness? The scruple is a very hard illness and psychiatrist said that the cure for this illness is hard but a scrupulous should do these things that I want to say that certainly his/her illness becomes

better and it takes months with this program he/she becomes better and cure their illness with the help of god and we can cut the roots of this illness [9]. The only thing that this program needs is the scrupulous should obey and don't be obstinacy and if he/she puts away obstinacy, he/she should know that he/she can become better and cure his/her illness. first step for this illness is prayer and invocation (resorting, resource). God said that in quran: "I'm a moral teacher, no one can build his/herself without any mercy (blessing) that I give it to him/her". And he/she can destroy roots of bad things and activities in him/herself. As quran said if we don't have god helps we can't destroy the bad tree (bad activities we do in our life) from our heart. Scrupulous should have a relation with God and with prayer and speak with God, he/she can cure his/herself [8]. Devil can't trick a human only human forgets god and prayer for god has no place in his/herself and he/she doesn't pay attention to that. Prayer without invocation is not possible, without invocation our prayer can't work for us. Invocation means for example say to god because the entire prophet you sent to us and because of Jesus helps us to cure our scruple. The second steps is giving help from prayer: the other subject that we use from Quran is we should pray on time means we help from our

patience and our perseverance and also have relation with God to get a good result. And here I advice to the youth if they have a problem in their life pray for god on time. The third steps is piety and don't do sin. Avoiding from doing sin can help humans to achieve to the higher position. The fourth steps are inattention: another subject that I want to say that and have a great important and without that invocation and prayer and other ways has no profit. Struggle and activity of a scrupulous and only thing that a scrupulous should do is negative fight means inattention. Don't pay attention to his/her imagination said to him/her. This inattention can destroy scruple and here I want to say that everyone has this illness, I should point out that if you don't pay attention and don't heed scruple you will be influenced (affected) by lots of bad problems. When you doubt about your prayer you shouldn't pay attention to that because doubt is from devil and the sure of scrupulous (fussy) isn't sure, it's an imagination. The fifth steps are choosing a model (role): another point that scrupulous should observance that is choosing a model. Of course a model shouldn't have this illness (scrupulous) for example whenever his/her model said that it's clean he/scruple says that it's clean and whenever his/her model said that it's unclean he/she says that it's unclean.

Husband/wife can become a wife/husband model. The sixth steps are self recitation: self recitation is very important in life and our goal from self recitation in here is scrupulous should speak with his/herself. For example he/she says that" I should cure myself and do as general people, I should never mind to this illness "and put away obstinacy and always repeats that scrupulous is from devil not Islam. In summary repeat these things and do self recitation at the act time but it's hard at first but with continuing inattention it can easy for him/her. The seventh steps are attentive: important from everything I said, scrupulous should be an attentive and this attentive not only useful for scruple but also it can cure all of the bad characters (features). This law has three steps: at first you should speak with yourself every morning and say to yourself and bet with yourself that don't following inner devil and never mind to the temptation of devil, at second stages you should watchful yourself. On condition you bet don't betray, then we call this law, attentive law. Whenever temptation comes he/she shouldn't mention that and never mind and do the thing that general people do, not the inner devil said to him/her. Of course he/she may do sth that against his/her promise but he/she shouldn't become sad and run away. He/she should try

again and decide again don't do against his/her promise and until night be careful about everything And at last count how many times he/she fell down and asked from his/herself whether temptation came or not? If he/she didn't fall down he/she first thanks god and speaks with God and says to god thank you. Finally people should know they are scrupulous or not and first think what should they do and do the things that said in this article suddenly with the help of god I hope they can become better with the help of god. Explosion Tunguska was an event that occurred at 30 June 1908 in Siberia, Russia. Huge explosion that cause damages in a huge district. Trees was broken (bowed down) in an extent space nearly 70 kilometers. Scientists believe that a comet explode in space. They founded that this explosion should happen in 5.8 kilometers height above the ground that has these damages. No hole found in that district. The real reason of explosion Tunguska never revealed (became manifest) but in my idea the reason is earthquake or release an energy from Earth that until now humans don't give a name to that. This energy can release an energy that everything will destroy on the ground with no footstep [15]. Eating broad bean produces fresh blood and gives power to the brain and feeds the calf bones. Give the meat of

partridge to a person that has fever because it can strengthen the legs and destroy fever. If you boil hot water seven times then spill water from a dish to another dish it can destroy fever and give strength to calf and also to the part that place under your ankle. If you see weakness and frivolity in brain in children what should we do? eating savigh. Of course husband and wife should eat that because it can grow meat in body and it can strengthen bone and cause children don't have problems. Everything that are in soil are in human body but there aren't in same amount and some of them , are a lot in human body and some of them are very few and among things that in human body are a few or a lot aren't equal . Some of them are a few than some of them. Four things that are in human a lot and eight things that in human body are a few and eight things are very few: 1. molybdenum 2. Silicone 3. Fluorine 4. Cobalt 5. Manganese 6. Iodine 7. Copper 8.zinc and that eight things are a lot than that eight things: 1. Magnesium 2. Sodium 3. Potassium 4. Calcium 5. Phosphorus 6. Chlorine 7. Sulfur 8. Iron and that four elements that are very a lot in human body are: 1 . Oxygen 2. Carbon 3. Hydrogen 4. Nitrogen (azote) [22]. Two nations that their names are France and Austria in dissection for finding elements that is in human body

become pioneer. Maybe some of the countries have a program for finding their skills (ability) , I mean children or teenagers that have skills but do they have any program for their hidden abilities (teenagers and children that their abilities didn't discover yet) . I have a program with the kindness of the god and can discover the hidden abilities and explain this program here is difficult but I found my abilities and skills with this program and with the help of god. Life has 4 mysteries:1. Who is the person that we should study for that first? 2. Who is the person that we should work for that first? 3. who is the person that we should only love that? 4. Who is the person that we should place that only in our heart? The answer of these questions is God.

All of the people complain about times (world)/while there isn't any problem at times(world) except us/we complain about times (world)/while fault and defect is in ourselves/if our world has tongue, it complains us/wolf doesn't eat wolf , but we eat each other explicitly.

If a man / woman builds a spacecraft with using of antimatter , the spacecraft has a speed like light Bat was created between birds and animals but was created near to animals because he/she has two wide ears and has teeth and fur and becomes pregnant

and gives birth and urinate and walk on 4 legs and there against of creating and features that birds have them and against all of the birds comes out at night and the meal of that is from the animals that are in air and some unwise persons imagine that bat didn't eat anything and the food of that is from breeze and this imagination is false from two sides, first :that bat can urinate and excrement and from breeze how bat can urinate or excrement, Second: god creates tooth for that , if eating food need tooth why god gives that to bat. Tooth and no part of parts of creature are not useless. Think of the color of sky, why it is this color. Because it is agreeable color and give your eyes a power that you can see better and if everyone has problem with eyes I mean if he/she can't see better and has eye weakness should see the sky. Dolphin trick for hunting: dolphin is one of the sea animals that when wants to hunt a sea bird first kills a fish then splits his/her stomach that fish can stand on water then hides under the fish then moves the water because of hiding his / her body till sea bird comes from the sky to hunt the fish jumps and catches sea bird. We can remind sth in our brain like a recording of course I just say this that we can remind and commit to memory a movie like a tape.

DISCUSSION

My findings support my hypothesis. My hypothesis is can we have natural medicine instead of chemicals one? Does any disease have medicine? Can we success at our life? And other hypothesis that I explain it in manuscript . I found lots of medicine that we can use it instead of chemicals one and have good research about scrupulous disease and I found some cures for specific diseases and I reached a point that it's about remedies that we can use it for our illness instead of some chemicals medicine. Instead of medicine and medical science I found the exact bones of our body (anatomy) and except these I say some information about other fields of study and said it in my manuscript [12]. I hope this information help people and I think that this information is necessary for general health and it is important for all patients and people and these information will be help medical experts and other doctors and other fields of study like astronomy and pharmacognosy and help other kind of study that their research rely on my manuscript. Lots of sociology observation show that women generally have team participation and fewer struggles for achieving authority. These features at long space mission are very important factors. Sun produces all of visible

wave length so the main color of that is white but when light passes the atmosphere some changes occur on that. Wave length of blue color is shorter than wave length of red so the possibility of contact wave length of blue with air molecules are a lot and spread at atmosphere and sky seems blue and sun seems yellow [16]. The yellow color of sun is an imagination. If night time becomes 100 hours or 200 hours animals at this time can't continue anymore and can't find their meals and foods and die of starvation and the natural fervency (heat) of plants decrease and they rot, also some of the plants if they grow in a place that sun doesn't radiate to them, they will rot. In wind there are advantages if wind doesn't blow it can cause illness and suffer patients and rot fruits and fresh vegetables and you can't breathe and it cause cholera and plague in bodies and cause calamity in crops then it's revealed that blowing wind is God plan and he manages to help human, from everywhere that wind comes, from that way you can smell fresh air and fresh and good sound and, in this way these things that I said is more than other way. Wind can cause cold and warm weather that can help people whenever winds blow we have air and wind that can grow our bodies and takes cloud from one place to another place and stick together that can

cover horizon and after raining , wind separates cloud from each other and causes water to be cold and causes ships surf the sea and causes foods and fruits become fresh and makes fire burn and makes wet things dry. In summarize the life of thing depend on wind and whenever we don't have wind plants withered and animals die and things become rotten and hot. It's obligatory for doctors that save (keep) mysteries of his/her patients and don't revelation that not only for his/her neighbor and relatives but also others. For people that have relation with a patient because lots of patients hide their pains from their nearest relatives but reveal that pains to his/her doctor like hemorrhoid and uterus then it's obligatory for his/her doctor that keep mystery even more than from his/her patient. When an illness goes away from you on its own don't go to the doctor because it's alike a small building and this small building can grow to a large building. Everybody wants his / her stomach not to annoy his/her didn't drink water in the middle of the meal that makes his / her body dampen and his / her stomach becomes weak and the vessels cannot give a food and can't absorb because when water is above the food it can disorder the performance of stomach. Why animal bodies with eating continual and always don't grow up rather (but) when they reach a limit

of growing up they don't grow up again, For that there is a good purpose because when they grow up they don't become alike each other and that good purpose for them that creation is for them don't destroy [14]. If they grow up continual that good purpose destroy so when they reach the limit although with eating food they don't grow up. Look at the legs of animals that God creates them pair (even numbers) so it can easy for them and if they are odd numbers they aren't suitable for that. Then an animal that has 4 legs and runs with 2 legs first , then put down 2 legs after that but against each other, one leg from away and another leg from another way, one of them from front and another from back, because if puts two legs from one location he / she can't stand up on the ground.

CONCLUSION AND RESULTS

My findings support my hypothesis. My hypothesis is can we have natural medicine instead of chemicals one? Does any disease have medicine? Can we success at our life? And other hypothesis that I explain it in manuscript. I found lots of medicine that we can use it instead of chemicals one and have good research about scrupulous disease and I found some cures for specific diseases and I reached a point that it's about remedies that we can use it for our illness instead of some chemicals medicine. Instead of medicine and

medical science I found the exact bones of our body (anatomy) and except these I say some information about other fields of study and said it in my manuscript. I hope this information help people and I think that this information is necessary for general health and it is important for all patients and people and these information will be help medical experts and other doctors and other fields of study like astronomy and pharmacognosy and help other kind of study that their research rely on my manuscript [13]. Melon melts bladder stone. If a person used to eat egg every day he / she will have freckles. Eat quince because it increases your mentality and destroys opacity (obscurity) in eyes. If someone eats melon before food his / her stomach will be washed. For curing fever, use 210 grams sugar and dissolve that in cold water and drink that when you are hungry. . Put on soft cloth and take shower a lot cause you get fat and eat egg a lot cause you will be thin. Eat less amount of fish because fish melts body. Comb hair takes away phlegm. . Matrimony (marriage) struggle can lead to heart illness. Research shows that couples that suffer from marriage struggle 34% more than other people cause heart illness, if you write this subject in the Internet maybe the information you see are a lot but I explain this in one sentence.

Everybody has marriage struggle is exposed to heart illness actually he/she put his wife in his heart and this struggle between them cause that husband fights with the place that his wife or her husband is in it I mean his/her heart that is false and humans should only put god in their heart and not anyone else. Comb eyebrow safes you from leprosy and comb beard strengthen teeth. Look at current water gives strength to eye. If hair grows, eyesight will be decreased and if you cut your hair your eyesight will be increased. Think about the time of day and night that how it's good for people, at the most the time (day time) don't pass 15 hours. If the time of day becomes 100 or 200 hours all of the animals and plants destroy but animals because at this long time don't place and resident and beasts at this long day should find food and humans at this time (whole Long time) should do their job and they should more active it's clear that this can destroy them. But plants from sun fervency (heat) at this long time dry and burn. Sun sparks are energy eruption on the surface of the sun. It seems that they contact with macules (maculas). One spark is an eruption that takes a short time. X ray and waves front (wave's band) and comes out from sparks. *Aurora australis (aurora borealis)* that see from Earth are relating to sparks. Believing

that this world becomes big and disorder or confusion is not correct. Let me explain for you in another way. In fact When we say sth becomes bigger we mean that can contact with each other but the reality is not that, we have black hole and we have some explosions that occur at space and make us to believe that this world becomes bigger and bigger and confusion but this world has specific border that from border our world doesn't become bigger and doesn't pass that border in fact we have sth against of that explosions that occur at space that we still don't find them or our telescope and satellite don't discover or observe them, we should have a phenomenon that against this explosion and this world doesn't have confusion in it and all of this confusion have their reasons and also all of the events and God thinks about this world. The light of sun has energy but when it passes the ozone layer, the light of sun loss its energy and the energy we achieve from sun disks (plates, plane) is not all of sun energy. In fact if we can take sun disks with spacecraft or shuttle to the space, we can achieve more energy from sun but this is an idea and maybe we have lots of idea about achieving energy from sun in our outer space. Do we alone in our solar system or this world, is there a way to find aliens? Yes there is, and that way is building a laser

that can absorb to Human bodies we can understand aliens are exist or not. If this laser can attraction only to human body with specific character and can go or Travel through a long distance and contact with obstacles that they aren't as like as human and return to the point that we sent that , we can understand that whether creations alike human that live in outer planets or not . It had better try this astronaut that is at moon. This laser should pass their clothes and don't return to us of course it's not just this and lots of activities should done. Maybe their body is different from us that explaining here is difficult. Refer to the sentence that was about ... ,This is a very easy thing just choose a song that fit with that thing you want to commit to memory not with your styles then you will see you can commit that thing to memory just one time without listening to the music some parts of that you want to remind and commit to memory then with listening to the music again, this work means remind and commit to memory that thing you want , this method can remind you after years that parts that you listen to them a lot again I say this method maybe doesn't remind the things you commit to memory after years but this method reminds the things that you listen to them a lot . This method has lots of advantages that I hope you will find

them by yourself. Geology observations show that in ice age the amount of conservatory gaseous among methane are less one tenth and whereas the exit of this gas at some specific geology age can lead to finish freezing. We can pattern from this plan and send biological species makes warm and favorable the surface of the mars. The matter with that we can reparation ozone layer that's magnesium and ammonia nitrate. Of course for creating life at mars has lots of ways we can place gaseous and waters that contain Ciano bacteria at rockets and place another vital things at mars, now the question is why we do this high expense activity? one reason is there are mines in the mars that they are so important and the other thing that we can understand is before us what were things live I mean if we can create a life like earth in mars we certainly understand before us what were animals or things live, besides we can achieve some documents about our solar system and the mars.

Significance

I think that my manuscript is important and why other people cares about my manuscript is: I hope this information help people and I think that this information is necessary for general health and it is important for all patients and people and these information will be help medical experts and other

doctors and other fields of study like astronomy and pharmacognosy and help other kind of study that their research rely on my manuscript. I clearly make the compliance case at introduction and discussion that why anyone should read my manuscript.

Novel

My research is new and not resembling sth formerly known. And also my manuscript has some specific researches about lots of aspects of study and I hope this information will help the human. I clearly make the case that my paper presents novel results. My hypothesis is can we have natural medicine instead of chemicals one? Does any disease have medicine? Can we success at our life? And other hypothesis that I explain it in manuscript

No specific funding was received for this study.

No conflict of interest with the authors.

Ethical statement

Integrity and honesty are two values which I promise to abide by in every situation. I will never engage in plagiarism, cheat, or break any rules which might result in someone else getting hurt. I promise to stand up against all that is wrong, and will always support nothing but the truth.

Compliance with Ethical Standards:

(In case of Funding) Funding: This study was funded by 0 (grant number 0). There's no institution or company or anyone else that funding this manuscript and I didn't give money for writing this manuscript. No funding was received.

Conflict of Interest: no conflict exists: The authors declare that they have no conflict of interest.

REFERENCE

- [1] Plogsted, S. Medications and Celiac Disease—Tips from a Pharmacist. *Pract. Gastroenterol.* 2007, 31, 58–64. [Google Scholar]
- [2] National Foundation for Celiac Disease Awareness. Gluten in Medications for Patients. 2013. Available online: <http://www.celiaccentral.org/Resources/Gluten-in-Medications/111/> (accessed on 12 September 2018).
- [3] National Collaborating Centre for Mental Health (UK). Autism: The Management and Support of Children and Young People on the Autism Spectrum; NICE Clinical Guidelines .National Institute for Health and Care Excellence (UK): London, UK, 2013. [Google Scholar]
- [4] American Psychiatric Association. Pervasive developmental disorders. In *Diagnostic and Statistical Manual of Mental Disorders, 4th ed.; Text Revision (DSM-IV-TR)*; American Psychiatric Association: Washington, DC, USA, 2000; Volume 6970. [Google Scholar]
- [5] Dietary and Medication Adjustments to Improve Seizure Control in Patients Treated with the Ketogenic Diet. *J. Child Neurol.* 2015, 30, 53–57. [Google Scholar] [CrossRef] [PubMed]
- [6] The ketogenic diet and brain metabolism of amino acids: Relationship to the anticonvulsant effect. *Ann. Rev. Nutr.* 2007, 27, 415–430. [Google Scholar] [CrossRef] [PubMed]
- [7] Traditional Japanese herbal medicines for treatment of odontopathy. *Front. Pharmacol.* 2015, 6, 176. [Google Scholar] [CrossRef]
- [8] The impact, biology and therapeutic opportunities of oral mucositis. *Oral Oncol.* 2009, 45, 1015–1020. [Google Scholar] [CrossRef] [PubMed]
- [9] Introduction to Kampo medicine for dental treatment—Oral pharmacotherapy that utilizes the advantages of Western and Kampo medicines. *Jpn. Dent. Sci. Rev.* 2018,

- 54, 197–204. [Google Scholar] [CrossRef]
- [10] A Psychoactive Tree from Southeast Asia with Opioid Activity. *Curr. Top. Med. Chem.* 2011, 11, 1165–1175. [Google Scholar] [CrossRef] [PubMed]
- [11] Chemistry and Pharmacology of Analgesic Indole Alkaloids from the Rubiaceae Plant, *Mitragyna speciosa*. *Chem. Pharm. Bull.* 2004, 52, 916–928. [Google Scholar] [CrossRef] [PubMed]
- [12] Ethnomedicinal uses and pharmacological studies. *Phytopharmacology* 2012, 3, 263–272. [Google Scholar]
- [13] Newly-Emerging drugs and trends. *Clin. Lab. Med.* 2012, 32, 407–417. [Google Scholar] [CrossRef] [PubMed]
- [14] Kratom (*Mitragyna speciosa*) dependence, withdrawal symptoms and craving in regular users. *Drug Alcohol Depend.* 2014, 139, 132–137. [Google Scholar] [CrossRef] [PubMed]
- [15] European Monitoring Centre for Drugs and Drug Addiction. *New Psychoactive Substances in Europe*. Available online: <http://www.emcdda.europa.eu/system/files/publications/65/TD0415135ENN.pdf> (accessed on 12 January 2019).
- [16] Hypomagnesemia: A clinical perspective. *Int. J. Nephrol. Renovasc. Dis.* 2014, 7, 219–230. [Google Scholar] [CrossRef] [PubMed]
- [17] Hypomagnesemia with secondary hypocalcemia is caused by mutations in *trpm6*, a new member of the *trpm* gene family. *Nat. Genet.* 2002, 31, 166–170. [Google Scholar] [CrossRef] [PubMed]
- [18] Hypo magnesiumemia and cardiovascular system. *Hippokratia* 2006, 10, 147–152. [Google Scholar] [PubMed]
- [19] MAGIC Trial Investigators. Acute ST-segment elevation myocardial infarction and prior stroke: An analysis from the magnesium in coronaries (MAGIC) trial. *Am. Heart. J.* 2004, 148, 1012–1019. [Google Scholar] [CrossRef]
- [20] Myocardial ischemia/reperfusion-injury, a clinical view on a complex pathophysiological process. *Int. J. Cardiol.* 2005, 100, 179–190. [Google Scholar] [CrossRef]

- [21] Adjunctive drug therapy of acute myocardial infarction--evidence from clinical trials. *N. Engl. J. Med.* 1996, 335, 1660–1667. [Google Scholar] [CrossRef] [PubMed]
- [22] American Geriatrics Society 2015 Beers Criteria Update Expert Panel. American geriatrics society 2015 updated beers criteria for potentially inappropriate medication use in older adults. *J. Am. Geriatr. Soc.* 2015, 63, 2227–2246. [Google Scholar] [CrossRef]
- [23] USDA National Nutrient Database for Standard Reference, Release 25; U.S. Department of Agriculture, Agricultural Research Service, Nutrient Data Laboratory Home: Beltsville, MD, USA, 2012.
- [24] Study of magnesium bioavailability from ten organic and inorganic mg salts in mg-depleted rats using a stable isotope approach. *Magnes. Res.* 2005, 18, 215–223. [Google Scholar]
- [25] Bioavailability and pharmacokinetics of magnesium after administration of magnesium salts to humans. *Am. J. Ther.* 2001, 8, 345–357. [Google Scholar] [CrossRef] [PubMed]
- [26] Drugs. Available online: <https://online.epocrates.com/> (accessed on 20 January 2019).

I think in lots of information, I mean I collected them then found these information's with the help of God
I learned these things first from my God and then from prophets and imams and others
The sources are a lot and I decided instead of writing them, learning them to other and I learned that things in my
manuscript with the help of God.
In God We Trust